



APPLICANT CLIENT NAME	DATE OF BIRTH
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APPENDIX A – SAFE / UNSAFE MEDICATION LIST – Updated: October 01, 2019

Only medications in the Safe category will be permitted. The Unsafe category list of medications will not be permitted and are not suitable for those seeking recovery. Please ensure generic medications fall into the Safe category of acceptable medications.

UNSAFE	SAFE
<p>Avoid pain medications that contain Opiates (e.g. Codeine):</p> <ul style="list-style-type: none"> Tylenol 1, 2, 3 or 4 (all Opioids) Demerol Percocet Fiorinal Plan ¼ or ½ Levo-Dromoran 222, 282, 292, 692, Darvon (Propoxyphene) Talwin Percodan Leritine Dilaudid Nabilone <p>Avoid Nerve and Sleeping Pills including:</p> <ul style="list-style-type: none"> Librium Tranxene Serax Xanax Others used for anxiety/nervousness/ tranquilizer All Benzodiazepines <p>Avoid CNS Stimulants such as Methamphetamines:</p> <ul style="list-style-type: none"> Dextroamphetamine (Dexedrine) Lisdexamphetamine <p>Avoid Sleeping Pills including these and others:</p> <ul style="list-style-type: none"> Dalmane Halcion Restoril Tuinal Seconal Zopiclone (Imovane) <p>Avoid Muscle Relaxants:</p> <ul style="list-style-type: none"> Robaxisal Robaxacet Parafon Flexeril <p>Over the Counter Medications can be a Serious Threat:</p> <ul style="list-style-type: none"> Cough syrups contain alcohol, codeine and antihistamines. These are all drugs which need to be avoided. <p>Avoid Sedating Antihistamines such as:</p> <ul style="list-style-type: none"> Gravol Actifed Dimetap Chlortriplon Benydryl or products containing diphenhydramine 	<p>Pain Medications:</p> <ul style="list-style-type: none"> Regular or Extra Strength Tylenol ASA or Aspirin Advil or Ibuprofen Midol <p>Available Only by Prescription:</p> <ul style="list-style-type: none"> Tryptan Buspirone (Buspar) Gabapentin Toradol Possible other prescription medications – please contact Resident Nurse for clarification <p>Antidepressants Safe with Proper Use and by Prescription Only:</p> <ul style="list-style-type: none"> Elavil Citalopram Morex Serzone Desipramine Effexor (Venlafaxine) Zoloft (Sertraline) Prozac (Fluoxetine) Luvox (Fluvoxamine) Paxil (Paroxetine) Trazodone (Desyrel) Mirtazapine Bupropion Seroquel (Quetiapine) <p>Migraines:</p> <ul style="list-style-type: none"> Imitrex <p>Non-Sedating Antihistamines:</p> <ul style="list-style-type: none"> Seldane Claritin Hismanil <p>Sleep Aids:</p> <ul style="list-style-type: none"> Epsom Salt Melatonin Calcium (333mg) Magnesium (167mg) with VD3 (5mcg) Lavender Oil <p>Note: This is a partial list. If you require more information, please consult your Doctor or Pharmacist about non-psycho active/mood-altering medications. Unsafe/mood-altering medications brought into treatment and taken in the two weeks prior to the Intake date will result in the Client’s immediate discharge from the program.</p>