



Round Lake Treatment Centre (RLTC)

200 Emery Louis Road, Armstrong, BC V0E 1B5

www.roundlaketreatmentcentre.ca

Application Package

Phone: 250-546-8848 / Fax: 250-546-3227

Email: Intake@roundlake.bc.ca

APPENDIX F – ROUND LAKE TREATMENT CENTRE PROGRAM GUIDELINES

Round Lake has designed a set of Program Guidelines that reflect respect, consideration, and self-responsibility. Round Lake considers these to be three very essential components for recovery and self-empowerment. The guidelines ensure your physical, mental, emotional and spiritual safety to allow you the freedom to participate fully in the program in a safe and supportive environment. Full Program Guidelines and more information on what to expect can be found on the website – **Please read these guidelines carefully and be prepared to follow them for the safety of all people.**

Alcohol and Drugs

The possession or use of alcohol or non-prescribed drugs by Clients while in treatment is not acceptable and will result in immediate dismissal from treatment. A personal baggage check is conducted upon entry and return from weekend and/or day passes.

Phone Calls

You can make one phone call to confirm your safe arrival by collect call or by calling card. During the first week you may only make emergency phone calls. You will then require a phone slip signed by your primary counsellor to make calls. Calls are limited to five minutes. You can check for mail at the administration building after 4:00 p.m. Monday to Friday or the CSW's office after hours.

Weekend Pass or Weekend Day Pass

Passes are a privilege, not a right – they must be earned. You can apply for a pass which will be reviewed, then approved or denied by the Counsellor which is based on your progress. If approved, arrangements are to be made for your chores and your own transportation (destination must not exceed 100 miles or 160 kms from the Centre). Inform staff when you are leaving, when you arrive back or if you have cancelled your outing or day/weekend pass.

Visitors

Refer to Visitor Guidelines at www.roundlaketreatmentcentre.ca.

Health and Safety

Smoking is only allowed in the designated smoking areas. The doors to all occupied rooms will remain unlocked in case of fire. All medication will be given to the CSW at intake. A high standard of personal hygiene is required, including daily baths/showers. Use only the bed you are assigned to and daily upkeep of your assigned room is a personal responsibility. Sleeping areas are private quarters. No visiting in another Client's room or inviting other Clients into your room. Inform staff if you wish to smudge your sleeping area. Refrain from horseplay, running in the hallways and refrain from profanity. Withdrawal/dismissal from the program requires prompt exit from the premises.

Other

All money and valuables may be turned in at the CSW's office. Round Lake is not responsible for lost or stolen items. Personal items may be accessed on weekends in consultation with the CSW. Appropriate dress code required. Sleepwear is to be worn within your bedroom only. No hats or sunglasses in circle area or dining area. Carefully read and understand the Client Manual. No unsupervised group/circle work at any time. No "counselling" of other Clients. No junk food allowed in vehicles or at the Centre. Refrain from lending money, cigarettes or clothing, etc. If you have your own vehicle, keys must be turned into the CSW staff. Ensure that you make your own marble as it is a meaningful part and symbol of your recovery. Clients are not to sell items to each other or to staff.

Client Discharge

Client discharge will occur when a Client has either caused injury to another person or the treatment centre or property, used alcohol and/or drugs while in treatment, or has become involved in an intimate relationship with another Client and is unwilling to stop the relationship. RLTC has a zero tolerance for violence of any nature.



Round Lake Treatment Centre (RLTC)

200 Emery Louis Road, Armstrong, BC V0E 1B5

www.roundlaketreatmentcentre.ca

Application Package

Phone: 250-546-8848 / Fax: 250-546-3227

Email: Intake@roundlake.bc.ca

Discharge from the Program

Clients who have completed treatment or voluntarily leave or are discharged from the program are to have no further contact with Clients still in treatment. We will intercept any incoming mail, email or calls from past Clients or any person attempting to interfere with your treatment. All communications received, if any, will be provided to you upon completion of treatment once you leave.