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| **UNSAFE** | | **SAFE** |
| **Avoid pain medications that contain Opiates (e.g. Codeine):**   * Tylenol 1, 2, 3 or 4 (all Opioids) * Demerol * Percocet * Fiorinal Plan ¼ or ½ * Levo-Dromoran * 222, 282, 292, 692, Darvon (Propoxyphene) * Talwin * Percodan * Leritine * Dilaudid * Nabilone * MS Contin * Kadian * Embeda * Infumorph * Avinza * Astramorph PF * Duramorph * MSIR * Roxanol   **Avoid Nerve and Sleeping Pills including:**   * Librium * Tranxene * Serax * Xanax * Others used for anxiety/nervousness/ tranquilizer * All Benzodiazepines and   medications ending in “pam” ie. Diazepam, lorazepam, oxazepam   * Midazolam   **Avoid CNS Stimulants such as Methamphetamines:**   * Dextroamphetamine (Dexedrine) * Lisdexamphetamine * Modafinil | **Avoid Sleeping Pills including these and others:**   * Dalmane * Halcion * Restoril * Tuinal * Seconal * Cannabis * Capastat Sulfate * Zoplicone   **Avoid Muscle Relaxants:**   * Robaxisal * Robaxacet * Parafon * Flexeril * Baclafen   **Over the Counter Medications can be a Serious Threat:**   * Cough syrups contain alcohol, codeine and antihistamines. These are all drugs which need to be avoided.   **Avoid Sedating Antihistamines such as:**   * Gravol * Actifed * Dimetap * Chlortriplon * Benydryl or products containing diphenhydramine * Dimenhydrinate   **TB Antibiotic**   * Capreomycin | **Pain Medications:**   * Regular or Extra Strength Tylenol * ASA or Aspirin * Advil or Ibuprofen * Midol   **Available Only by Prescription:**   * Tryptan * Buspirone (Buspar) * Gabapentin * Toradol * Possible other prescription medications – please contact Resident Nurse for clarification   **Antidepressants Safe with Proper Use and by Prescription Only:**   * Elavil * Citalopram * Morex * Serzone * Desipramine * Effexor (Venlafaxine) * Zoloft (Sertraline) * Prozac (Fluoxetine) * Luvox (Fluvoxamine) * Paxil (Paroxetine) * Trazodone (Desyrel) * Mirtazapine * Buproprion * Seroquel (Quetiapine)   **Migraines:**   * Imitrex   **Non-Sedating Antihistamines:**   * Seldane * Claritin * Hismanil   **Sleep Aids:**   * Epsom Salt * Melatonin * Calcium (333mg) Magnesium (167mg) with VD3 (5mcg) * Lavender Oil   **Opoid Agonist Treatment:**   * Methadone * Suboxone |